

MY STORY

- The person who died in my life is _____ .
- The cause of death was _____ .
- I found out about the death when _____ .
- After death, I believe my loved one is _____ .
- My first feeling was _____
because _____ .
- Now I feel _____
because _____ .
- What makes me most angry is _____ .
- I worry about _____
because _____ .
- The hardest thing about school is _____
because _____ .
- My friends are _____ .
- The adults in my life tell me _____ .
- What helps me most is _____ .
- What helps me the least is _____ .

*This dialogue activity is from the American Hospice Foundation. More information can be found at:
<http://americanhospice.org/grieving-children/someone-you-love-has-died-a-book-for-grieving-children>.*